

CFC and Waiver Services and Supports

Community First Choice State Plan Option

Community First Choice (CFC) is a Medicaid state plan option authorized under the 1915(k) Medicaid authority that provides home and community-based services (HCBS) to Medicaid-eligible individuals at institutional level of care. As an entitlement, it allows for self-directed personal care attendants (PCA), assistive technology and environmental modifications to help residents remain in their homes.

1915(c) Home and Community-Based Services

Connecticut home and community based services (HCBS) offered under the 1915(c) Medicaid authority help residents avoid institutionalization by waiving certain State Plan rules. Waivers allow for specialized habilitative and rehabilitative services and support to help individuals at institutional level of care to remain in their homes. Some examples of services include agency-based personal care assistance, adult day health, chore, companion, care management, life skills, respite, supported employment, environmental modifications, and other services and supports to help individuals remain in their homes.

Below is a master list that reflects the services provided in DSS' State Plan and HCBS waiver programs.

Waiver or State Plan Service Type	CFC	ABI I	ABI II	AUTISM	CHC	KB	PCA
Self-directed PCA	✓						
ABI Group Day		✓	✓				
ABI Recovery Assistant			✓				
ABI Recovery Assistant II			✓				
Adult Day Health			✓		✓		✓
Adult Family Living					✓		✓
Agency-based Personal Care Assistant							✓
Assisted Living					✓		
Assistive Technology	✓	✓	✓	✓	✓		
Bill Payer					✓		
Care Management					✓		✓
Care Transitions					✓		
Case Management						✓	
Clinical Behavioral Support Services				✓			
Chore services		✓	✓		✓		
Chronic Disease Self-Management Program					✓		
Cognitive Behavioral Programs		✓	✓				
Community Living Support Services		✓	✓				
Community Mentor (Personal Support)				✓			
Companion		✓	✓		✓		
Consultation Services			✓				
Environmental Accessibility Adaptations	✓	✓	✓	✓	✓		✓
Homemaker		✓	✓		✓		

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Waiver or State Plan Service Type	CFC	ABI I	ABI II	AUTISM	CHC	KB	PCA
Home Delivered Meals	✓	✓	✓		✓		✓
Independent Living Skills Training		✓	✓				
Individually Directed Goods and Services				✓			
Interpreter				✓			
Job Coaching				✓			
Life Skills Coach				✓			
Live in Companion				✓			
Mental Health Counseling					✓		✓
Non-Medical Transportation				✓			
Nutrition				✓			
Participant Training and Engagement to Support Goal Attainment and Independence (CAPABLE)		✓	✓		✓		
Personal Care Agency			✓		✓		
Personal Emergency Response Systems	✓	✓	✓	✓	✓		✓
Prevocational Service		✓	✓				
Recovery Assistant					✓		
Remote Supports		✓	✓	✓			
Respite		✓	✓	✓	✓		
Social Skills Group				✓			
Specialized Driving Assessment				✓			
Substance Abuse Programs		✓	✓				
Support and Planning Coach	✓						
Supported Employment		✓	✓				
Training and Counseling Services for Unpaid Caregivers Supporting Participants (COPE)		✓	✓		✓		
Transition Services	✓						
Transitional Living Services		✓					
Transportation		✓	✓		✓		
Vehicle Modification Services		✓	✓				

Note: DDS' waivers and the Mental Health waiver are not included in this chart; this chart represents only DSS-administered waivers.